JULIE ANN ALLENDER EDD Licensed Psychologist

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Licensed Psychologist CO – PSY.0005420 PA – PS003371-L MA – 2971

Undergraduate BS from University of ILL – Urbana-Champaign

Graduate MEd & EdD from Temple University – Philadelphia PA

The Colorado Department regulatory agencies has the general responsibility of regulating the practice of licensed psychologist, licensed social workers, licensed professional counselors, licensed marriage and family therapist, licensed school psychologist practicing outside the school setting, and unlicensed individuals who practice psychotherapy. All questions and/or complaints should be addressed to: Department of Regulatory Agencies, Mental Health Section, Board of Psychologist Examiners, 1560 Broadway, Suite 1350, Denver, Colorado 80202 (303) 894-7800.

**Client rights and important information:** Generally speaking, the information provided by and to you as the client during the therapy sessions is legally confidential. Since the information is legally confidential, I cannot be forced to disclose any of your information without your consent. Information disclosed to me is privileged communication and cannot be disclosed in any court of competent jurisdiction in the state of Colorado without the consent of the person to who the testimony sought relates.

There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statute (C.R.S.12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section (C.R.S.13-90-107). **Confidentiality may also be waived in the event of physical abuse and or neglect of a child, including any past or present sexual contact with a minor.** All therapists are required by law to report such instances to the Denver Department of Social Services. **Additionally, in the event of imminent danger to yourself or another person, I am required by law, to protect you, which may result in you being hospitalized, and I have a duty to warn anyone who may be in imminent danger as a result of your threats or frame of mind.**

As to the regulatory requirements applicable to mental health professionals: a Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a Master’s degree in their profession and have two years of post-Masters supervision. A Licensed Psychologist must hold a doctoral degree in psychology and have one year of postdoctoral supervision. A Licensed Social Worker must hold a Masters degree in social work. A Psychologist candidate, a Marriage and Family Therapist candidate and a Licensed Professional Counselor candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I must be a High School graduate and complete required training hours in 1000 hours and supervised experience. A CAC II must complete additional required training hours and 2000 hours of supervised experience CAC III must have a bachelors degree in behavioral health and complete additional required training hours and 2000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical Masters degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the state Board of Registered Psychotherapist, is not licensed or certified and no degree, training or experience is required.

You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive this information.

In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate and should be reported to the board that licenses, registers or certifies the licensee, registrant or certificate holder.

You can seek a second opinion from another therapist or terminate therapy at any time.

**Fee Information:**

My standard fee is $250 for a 53-minutes session. Payment is collected at time of session. If checks are returned due to NSF a $30 fee will be charged. As a general policy, I request that patients pay me directly. Meetings with auxiliary medical or legal consultants either by phone, virtual or in person and writing reports or letters are billed at my standard hourly fee. If payment is in arrears your account will be turned over to a collection agency, an attorney or small claims court.

**Missed appointments and cancellations:**

If you are unable to keep an appointment, please notify me as soon as possible. **If you cancel or miss an appointment without giving me 48 hour’s notice, you will be billed the full amount for the session. Email or text cancellations are never accepted.**

**Communications between sessions:**

If you need to speak with me between regularly scheduled sessions, please leave a message and I will return your call as soon as possible. Telephone calls for the purpose of scheduling are expected and are not billable. I do not charge for brief conversations, but any discussion that goes beyond five minutes will be billed to you on a prorated basis. I'm generally available between the hours of 1 PM and midnight Monday and Tuesday. If an emergency arises after those hours please call 911 or go to the nearest available emergency room.

**Health Information Privacy Notice (HIPAA):**

By signing this disclosure, you acknowledge receipt of the HIPAA policies for your review. Once you have reviewed these policies, please return a signed copy to me. Please verbally inform me if you elect to not sign the notice.

If you have any questions or would like additional information, please feel free to ask me.

I have read the preceding information, it has also been provided verbally, and I understand my rights as a patient.

Patient Signature(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Julie Ann Allender, EdD \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_