**JULIE ANN ALLENDER, Ed.D.**

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719-544-0018

**PROFILE**

**Psychologist, Educator, Consultant**

**Specialty in Human Development and Group Dynamics**

**Skilled Organizational Development, Interpersonal Communication and Management Training**

**Experienced Teacher - Primary through Graduate Education**

**ADMINISTRATION**

**Licensed Psychologist** (1980 - present)

Private Practice

Responsible for individual & group therapy, psychological testing, publications & research. Consultant to businesses & organizations. Office management including financial & record keeping. Liaison between practice & community, professionals & organizations. Leadership & casework management.

**Director of Homebased Businesswomen's Network** (1983-1988)

Responsible for education and training of women with home based businesses: presentation, programs, fundraisers and consultant. Financial & record keeping. Membership, marketing & advertising.

**LICENSES, CERTIFICATIONS & STAFF PRIVILEGES**

10/10/80 Pennsylvania State Psychologist's License #PS-003371-L

06/11/82 Massachusetts State Psychologist's License #2971

09/84 Pennsylvania Certification - School Psychologist #84-000878

06/30/89 Good Samaritan Hospital - Consulting Medical Staff

12/2/89-12/94 Irlen Institute, Certified Screener - Irlen Filters

12/13/98 Certificate of Professional Qualification in Psychology (CPQ) #165

2008 Gambling Addiction Certification

2004 Abington Health Lansdale Hospital – Specified Professional Personnel

2016 Grandview Hospital – Specified Professional Personnel

2020 Colorado State Psychologist License #PSY0005420

**EDUCATION & TRAINING**

B.S. Jan/1973 University of Illinois, Urbana, IL (Psychology Major, Math Minor)

M.Ed. May/1974 Temple University, Philadelphia, PA (Psychoeducational Processes)

GSPDP 1976 National Training Laboratories, Institute, Bethel, ME

Ed.D. Jan/1978 Temple University, Philadelphia, PA (Psychoeducational Processes)

Intern 1981 Abington Psychological and Educational Services, Willow Grove, PA

**FACULTY APPOINTMENTS**

Adjunct faculty (1973 - 1987)

Community Colleges of Philadelphia, Philadelphia, PA Temple University, Philadelphia, PA (Graduate and Undergraduate) Philadelphia College of Textile & Sciences, Philadelphia, PA Thomas Jefferson University Medical School, Philadelphia, PA Wheelock College, Boston, MA Temple University, University Center, Harrisburg, PA (Graduate)

Penn State University: Milton S. Hershey Campus, Hershey, PA ~ Berks Campus, Reading, PA

**SUPERVISOR**

Maryland University of Integrative Health, supervised student in practicum in Diet & Integrative Health MS degree program 2014

**CONSULTATION & TRAINING**

Pennsylvania College of Optometry, Philadelphia, PA

Head Start, Chicago, IL

Peabody Public Schools, Peabody, MA

Lynn Historical Society, Lynn, MA

Michigan Education Association, Lansing, MI Grace

United Church of Christ, Lebanon, PA

Department of Agriculture Extension Program, Lebanon, PA

American Society for Training and Development, Harrisburg, PA

Lebanon Valley College, Annville,

PA Board of Probation & Parole, Harrisburg, PA

Churches of the Brethren, Lebanon, PA

End of My Rope: Gender Cooperation Model, Lancaster MH/MR, Lancaster, PA

Why Go Independent, ASTD, Harrisburg, PA

Sleep Apnea, GSH Home Med Care

SOS from Venus & Mars: Pennsylvania State University Cont. Ed.

**MEDIA**

Harry Sobol's Talk show - WRKO, Boston, MA "Consumer Power" 1983

"Women Growing", WVLV, Lebanon, PA 1983-1984

"People Growing", WAHT, Lebanon, PA 1988-1990.

"On Deck with Ruth Deck", WAHT, Lebanon, PA 1990

Philadelphia Inquirer April 18, 2011 “Fear Factor Opens a New Market for Seeds”

Temple University College of Education keynote speaker “From Regrets to Achievements” January 27, 2012

[www.mobilewomen.org](http://www.mobilewomen.org) > NOT Giving Up: March 2013, Tomorrow: April 2013, Conflict: Your Fault, My Fault, No Fault: April 2014

Natural Awakenings August 2014, “Animals as Medicine”, November 2014, “Little Engine That Can”, February 2015, “Spectrum of Grieving”, June 2015, “Curing Sugar Addiction”

August 2015, “Animals Do Talk”

**PUBLICATIONS MAJOR ARTICLES**

"Videotape Feedback Increased Self-Awareness of Individuals in Groups", Small Group Behavior, May 1981, Volume 12: No. 2, pp. 227-232.

"Fourth Grade Fantasy", Journal of Humanistic Education, Spring, 1982,Volume 5, pp. 37-38.

"Fantasy in Teacher Training" in Carl Roger's Freedom to Learn for the 80's, Charles E. Merrill, 1982.

"Fantasy in Teacher Training" (reprinted), Special Ed. Exchange, Volume III, No. 2, March 1983, pp. 1-2, & 7.

"A Jewish American And a Female First", The Journal, April 20, 1983, p. 20.

"Married to a Rabbi: Career and Marriage", Outlook, summer, 1983.

"Teacher-Student Contract System", AHE Journal, Volume 11, spring, 1987.

“The Little Engine That Could: The Power of Positive Thinking”, Natural Awakenings. November, 2014.

“Dive into Diversity”, The Pennsylvania Psychologist, Volume 84, No. 2, March, 2024

**BOOKS**

Influence of Videotape Feedback on Self-Awareness of Individuals in Groups, Dissertation, 1978.

Complain for Gain, (Unpublished manuscript)

Kid Concerns, Julie Ann Allender, Ibtisam S. Barakat & Valerie Koski, Perfection Learning, Corp., Logan, IA. 1995.

End of My Rope: Gender Cooperation Model, Julie Ann Allender, Ed.D. Homebased Businesswomen, Inc., Lebanon, PA. 1996.

Chronic Illness: Healing the Wounded Heart, Julie Ann Allender, Anadem Press, 1999.

**BOOK CHAPTERS**

"Sylva Zalmonson", Powerful Women in Judaism, S. Silberman, et.al., (Unpublished manuscript).

"Men and Women Working Together: Beyond Gender Stereotypes", Twenty Active Training Programs, M. L. Silberman, Pfeiffer & Co., 1991

Mists of Enchantment, "There Is No Going Back," Julie Ann Allender, Ed.D., The National Library of Poetry. D. Zeiger, Editor, Watermark Press, Owing Mills, MD, 1995.

**EDITORIAL & SHORT COMMUNICATIONS**

"Anshe Emet Saturday Bat Mitzvah Started Her on Women's Lib", Sentinel, January 17, 1980, pp. 38-40.

"Schools Flunk Sensitivity Test", Jewish Exponent, September 26, 1980.

"Jewish Education in Crisis Only Because of Low Pay, Low Esteem", Sentinel, June 17, 1982, pp. 12-13.

"Don't Take Cheap Shots at Humanistic Education", Beverly-Peabody Times, January 21, 1983.

"Today's Woman" Column, The Lebanon Daily News, 1983.

"Women & Education", Celebrations, Vol. 9, No. 3, winter, 1984.

"Family & Home" Column, Community Magazine, 1985-86.

Excerpt in "Computers in Homebased Businesses", Homemade Money, by Barbara Brabec, 1987

"Fantasy on Burnout", Celebrations, Volume 14, No. 2, winter, 1989.

“Teach the Children Well”, The Lebanon Daily News, October 30,1998.

"Getting Along in the 90's" Lebanon Daily News 3/25/1996

"Divorce-Biggest Crisis in a Child's Life" Lebanon Daily News 2/3/1998

"Running After Time in 1999", Lebanon Daily News, 1/1/1999

"Crash Course or How to Fool Yourself" Philly Fit 11/12/2004

"What is Pet Therapy" Bucks County Woman's Journal Mar/Apr 2004

"Single & Happy Most of the Time" Bucks County Woman's Journal Jun/Jul 2004

"Disabled & Happy-Well As Happy As One Can Be" Bucks County Woman's Journal Oct/Nov 2004

"Wedding Details" Philadelphia Magazine, Spring/Summer 2007

"Signs of Better Things to Come", The Intelligencer 7/23/2009

"Tails of Cruelty" Daily Local News Chester County 12/13/2009

“Fear Factor Opens a New Market for Seeds, Philadelphia Inquirer, Monday, April 18, 2011, Front page

**ORGANIZATIONS**

1976-2016 Associations for Humanistic Psychology - Member

1981-XX American Psychological Associations - Member

1983-XX Associations for Women in Psychology - Member

1985-98 American Society for Training and Development - Member

1985-XX Pennsylvania Psychological Associations - Member

1988-12 Orthopsychiatry - Member

1989-04 Lancaster-Lebanon Psychological Association Treas, Pres Elect, President

2002-04 Jewish Women’s Caucus – Member & Treasurer

2002-03 Big Brothers Big Sisters – Board Member

1986-04 National Eosinophilia Myalgia Syndrome Network – Board Member

1986-03 Potential Re-entry Opportunities in Business and Education (PROBE)

1986-90 Women's Pavilion Advisory Board, Lebanon Valley General Hospital

1983-88 Homebased Businesswomen's Network of the Lebanon Valley

1985-87 Chamber of Commerce – Women in Business Committee

1983-87 Association for Humanistic Education - Board

1992-93 Lebanon Valley Youth Symphony and Young Strings - Board

1995-99 Interagency Mental Health Council, Inc. – Board

2011-20 Pet Therapy Certification volunteer program

**CITATIONS & BIOGRAPHICAL ENTRIES**

HBN Newsletter, March 1982

Outstanding Young Woman of America, 1983

Who's Who in the East Who's

Who of Women Who's Who of American Women, 17th Edition

The World Who's Who of Women

The Directory of Distinguished Americans Personalities of America

The International Directory of Distinguished Leadership

The International Leaders of Achievement

The International Register of Profiles Foremost Women of the Twentieth Century Biography of the Year 1986

Two Thousand Notable American Women, 1st Illustrated Edition

Two Thousand Notable American Women, 2nd Illustrated Edition

Two Thousand Notable Americans Who's Who Among Human Services Professionals, 1992-1993, 3rd Edition

Who's Who in Science and Engineering, 1st Edition

Who's Who North America

Who's Who of Emerging Leaders in America, 4th Edition

Who's Who of American Women, 18th Edition

Who's Who in the East, 24th Edition

The World Who's Who of Women, 11th Edition

2000 Women of Achievement, 1st Edition

Who's Who in Science and Engineering, 2nd Edition

Who's Who of American Women, 19th Edition

Who's Who in the East, 25th Edition

Who's Who in the World, 12th Edition

Who’s Who in Medicine and Health Care, 1st and 2nd Edition

Who's Who in Executives and Professionals

Honored Member National Directory of

Who's Who in Executives & Professionals, 1996-97 Gold Ed.

Who's Who in the East, 26th Edition

International Who’s Who of Professionals

**HONORS & AWARDS**

1970-73 James Scholar, University of Illinois, Urbana, IL

1969-73 Dean’s List, University of Illinois, Urbana, IL

1972-73 Psy Chi, Honorary Society of Psychology, Urbana, IL

1973 Graduated with Honors, University of Illinois, Urbana, IL

1982 Beverly Artist's Guild, Photography - Third Place Prize

1998 Arthritis Foundation, Hero Overcoming Arthritis

2012 Temple University, Philadelphia, PA From Regrets to Achievements